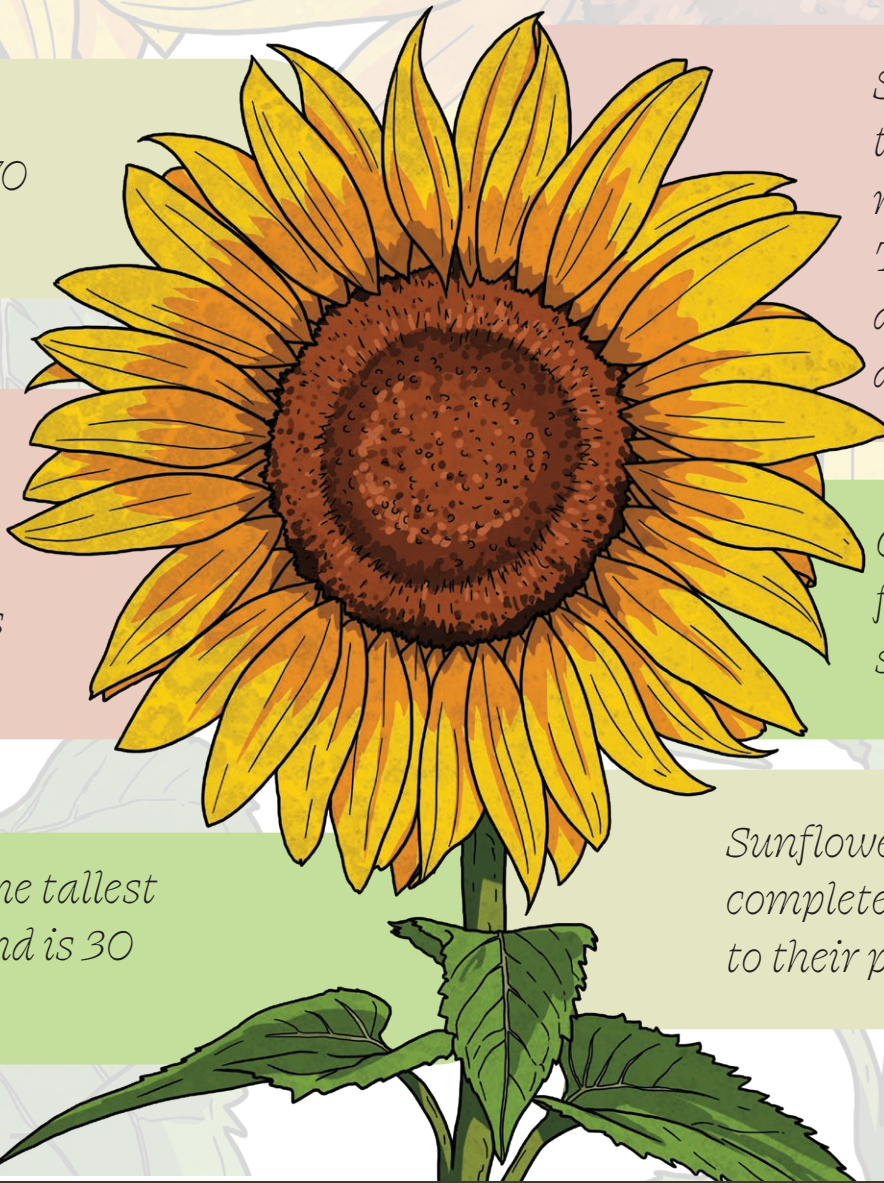


# All About Sunflowers

*Sunflowers are native to North and Central America and have 70 different species.*

*The word Sunflower stems from the Greek word 'Helios' meaning sun, and 'Anthos' meaning flower. The sunflower's scientific name is Helianthus.*

*Sunflowers can grow really tall, the tallest sunflower is found in Germany and is 30 feet high!*



*Sunflowers have an amazing trait called 'heliotropism', which means their heads follow the sun! They face east in the morning and then move as the sun moves across the sky.*

*Germany has a yearly sunflower festival where people wear sunflower costumes!*

*Sunflowers are actually edible, and are completely safe to eat from their roots to their petals!*

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